

WHAT IS THE NEXT BEST STEP?

- A. Switch to 2.5% dextrose
- B. Up-titrate torsemide dose
- C. Add a last fill of 2L, 2.5% dextrose
- D. Increase NIPD time to 11 hours with 5 exchanges

The key concept in this example is to highlight the importance and utility of residual kidney function. Whenever possible, it is best to optimize residual diuresis prior to altering the PD prescription if the problem.

From a patient-centered perspective, it is important to understand the patient just started PD, and she may still be getting used to the modality. Minimizing changes to her PD routine can reduce the risk of burnout and user error.

For these reasons the correct answer is B.

Further reading

<https://journals.sagepub.com/doi/epub/10.1177/0896860819898307>